



ECVET Project Fitness On The Move

EOSE – EQF Sport Final Conference
December 15/16, 2008, Brussels
Herman Rutgers – EHFA

"More People, More Active, More Often"

ECVET Fitness on the Move – *Putting Theory into Practice*

Under Leonardo da Vinci / 2007 -2013 / Lifelong Learning Programme

Startdate ; March 2009 – Duration 36 Months

Partners;

Multinational Operators; HealthCity, Fitness First, SATS, Injoy, Holmes Place CE,
Holmes Place Iberia (6)

Training Providers; SIAF (Scuola Italiana Aerobica e Fitness) - Rome
YMCA Fitness Industry Training - London
Personal Training School – Stockholm
European Institute of Fitness - Alicante (4)



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Aims and Objectives

- Contribute to the development of quality LLL and promote high performance from all parties involved; Students, Employers and Training Providers
- Provide evidence of a working system of QA across national boundaries, raising national standards of QA in the process
- This innovative process will be shared with EU partners as a way of best practice and encouraging innovation in other sectors
- Illustrate the benefits of EREPS



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Scope

- EQF level 4 competencies for fitness training will be delivered via an international curriculum and apprenticeship framework
- 12 employees (2 from each organisation)will be given opportunity to grow from level 3 to level 4
- Training providers will work with EHFA Standards Council to establish an intenational curriculum
- Best student will be awarded the "Jean Monnet European Exercise Professional of the Year"



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